

# Food Insecurity Resources Jackson County NC

March 18<sup>th</sup> 2020

## Report by Robin Tanner, Summit Board of Trustees

### Food and Nutrition Services (Food Stamps) Jackson Co Dept of Social Services

<https://www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps>

**Phone:** Call 828 586-5546 **Address:** 15 Griffin St., Sylva, NC 28779

### WIC (for pregnant women and children ages birth to 5 years old)

<http://health.jacksonnc.org/wic-eligibility> **Phone:** Call 828 587-8243 **Address:** 154 Medical Park Loop, Sylva, NC 28779

### Current helpful tips for WIC

1. **You MUST Call** & schedule an appointment to apply for assistance: The staff is very helpful & can answer questions you may have about if you are eligible etc.

### Fishes & Loaves Food Pantry: Monday and Thursday 4:30 pm to 6:30 pm Cashiers, Call 828-508-0378

1. The Fishes & Loaves food pantry building is located directly behind the Cashiers Glenville Volunteer Fire Department.
2. Eligible visitors to the food pantry are given one or two boxes of food twice per month depending on the size of the family and invited to take additional loose food items, seasonal fresh vegetables and fruits. A standard box of food includes 3 cans of vegetables, 3 cans of meat, 3 cans of fruit, cereal, 2 cans of soup, dried beans, rice, spaghetti, spaghetti sauce, macaroni & cheese, mashed potatoes, peanut butter and frozen meat. Additionally, special boxes of food with turkeys or hams are distributed prior to Easter each year.

### Other places in Jackson County that provide food include:

**The Community Table (Food Pantry & Meals):** 23 Central St, Sylva (next to the Sylva pool)

**Call:** 828-586-6782

*UPDATE 3/13/20 ANNOUNCEMENT – THE COMMUNITY TABLE, SYLVA, NC*

**We are still open and intend to remain so unless we are ordered to shut down.** However, we are making some procedural changes in order to try and help maintain the health of our community in these rough times.

**As of Monday, March 16<sup>th</sup>, 2020 all meals will be TO GO ONLY**, to reduce the number of people gathering in the dining hall and the number of surfaces being touched by multiple people. We are setting up a TENT OUTSIDE for people to order meals and we will bring them out to people. **Meals** are served on **Mondays, Tuesdays,**

**Thursdays, and Fridays from 4-6 p.m.** Everyone is welcome and there is never a fee. The atmosphere is warm and welcoming, so come enjoy a nutritious home-cooked meal.

Our **food pantry** provides groceries for home use (*Jackson County, NC residents only, every 2 weeks*) on the same days between **11am-6pm**

We will also be changing the **pantry over from Client Choice (Self Shop) to pre-boxed pickup**, which will occur **OUTSIDE** as well.

**United Christian Ministries (Food Pantry):** 191 Skyland Dr Sylva

**Hours** Mon, Thur. & Fri 10 to 3 Tue 12:30 to 5:00 Tue 12:30 pm to 5:00pm & Wed 10:00 am to 12:30 pm

**Call: Kathy Cross** 828-586-8228

**Jackson County Schools**

[https://www.jcpsnc.org/food?fbclid=IwAR2A6MnwJt\\_ASQE0sUeEVOtKNt0I5V1ooVtjzMQExTcz7C9ZNFwvzt5C68](https://www.jcpsnc.org/food?fbclid=IwAR2A6MnwJt_ASQE0sUeEVOtKNt0I5V1ooVtjzMQExTcz7C9ZNFwvzt5C68)

Jackson County Public Schools will provide free meals for anyone in Jackson County age 1-18 during the extended school closure.

**Call:** Ashley Taylor at (828) 575-1403 or (828) 586-2311 ext. 1988.